

TERM 2

# EPIK Weekend Program

4th May -  
22 June 2024



# Weekend Program

TERM 2



## Saturday 4th May 2024

### ● Walk at Kurnell

Today the community access group will be heading to Kurnell for a coastal walk along the Burrawang Walking Track.

Then we'll be heading across to BoonaPoint Reserve for lunch at the beach playground.



→ **Community Access**  

### ● Star Wars Day

May the 4th be with you!

Today, to celebrate everyone's favourite Sci-Fi franchise we'll be doing some cooking and arts & craft based on the galaxy far-far away.



→ **Centre Based** 

# Weekend Program

TERM 2



## Saturday 11th May 2024

### Holey Moley

We may not get a hole-in-one but we'll certainly be having a day of fun.

This Saturday the community access group will be heading to Holey Moley at North Strathfield for a round of putt-putt golf.



→ **Community Access**  

### Mother's Day Crafts

To celebrate all the mother figures in our lives who care for us, we'll be making them cards that show them how much they truly mean to us... and a sneaky sweet treat just to be sure.



→ **Centre Based** 

# Weekend Program

TERM 2



## Saturday 18th May 2024

### ● Blacktown Medieval Fair

Today we'll be back in time to a place where Kings and Queens ruled while dragons and knights fought.

The community access group will be heading to Blacktown Medieval Fair to get an insight into an age long since passed.



→ **Community Access**  

### ● National Family Week

To celebrate National Family Week the centre based group will be making family tree posters to show off all those important people in our lives that we call our family.



→ **Centre Based** 

# Weekend Program

TERM 2



## Saturday 25th May 2024

### Bounce Inc

Today we'll be heading back to Bounce Inc in Homebush; an indoor gym and trampolining centre.

Here we'll work on our physical and social skills as we bounce around, join in a game of dodgeball or just chill out in the foam pit.



→ **Community Access**  

### Bubble Wand Making

Everybody loves bubbles; they're one of the best sensory activities a child could engage in. The process itself of making the bubble wand and liquids can be just as fun. This Saturday the group will be designing and making their own bubble wands to take home and play with.



→ **Centre Based** 

# Weekend Program

TERM 2



## Saturday 1st June 2024

### ● Botanical Garden Picnic

Today the group will be taking a drive into the city to have a picnic along the waterfront at Sydney's Royal Botanic Gardens for a fun day out.



→ Community Access  

### ● Italian Feast

Sunday is Italy's National Day so to celebrate we'll be putting on our chefs hats and making an Italian feast the way Nonna used to make.



→ Centre Based 

# Weekend Program

TERM 2



## Saturday 8th June 2024

### Bowling

This Saturday the group will be heading to Strathfield Superbowl for a couple games of friendly competition before heading to Strathfield Park for lunch.

Get your bowling shoes and gloves on for a day of fun.



→ **Community Access**  

### Ocean Day Australia

June 8th is Australia's Ocean Day, so today at the centre we'll be doing some arts & craft that explores and celebrates our diverse aquatic ecosystem. After lunch we'll be chucking on the classic movie Finding Nemo which has all the best of our sea life on display.



→ **Centre Based** 

# Weekend Program

TERM 2



## Saturday 15th June 2024

### ● Shine Shed

Today we'll be heading to the Shine Shed! A place where the kids can meet their sensory needs, get active, develop skills and make friends in a fun, nurturing and supported environment. All children must wear socks whilst at the venue.



→ **Community Access** 

### ● Messy Play

Messy Play is the ultimate way for a child to meet their sensory needs; whether its digging into some coloured spaghetti or having a mock snowball fight with shaving cream.



→ **Centre Based** 



# Weekend Program

TERM 2



## Saturday 22nd June 2024

### ● BBQ at Ashfield Park

As we wrap up for the term and to celebrate the good times we've had, the group will be heading to Ashfield Park for the day for a runaround and a BBQ.



→ Community Access  

### ● World Music Day

Yesterday was World Music Day, so this Saturday at the Centre we'll be making some noise to celebrate.

We'll be working on our creativity and motor skills as we come together to work on our beats.



→ Centre Based 

# Weekend Program

TERM 2

## Information



11 Monash Parade

Croydon NSW 2132

Phone: 02 9747 5782

[epikds@safc.org.au](mailto:epikds@safc.org.au)

[www.epik-ds.org.au](http://www.epik-ds.org.au)

### Community Access with Centre Based @ Activity Centre; 11 Monash Parade, Croydon

8:30am - 9:00am	Arrival for participants
9:00am - 10:30am	Morning Tea / Centre Activities
10:30am - 1:30pm	Community Access / Lunch
1:30pm	Centre Activities / Transitioning
3:00pm - 4:30pm	Departure for participants

### Centre Based Activities @ Activity Centre ; 11 Monash Parade, Croydon

8:30am - 9:00am	Arrival for participants
9:00am - 10:00am	Morning Tea
10:30am - 12:00pm	Morning Activities
12:00pm - 1:00pm	Lunch
1:00pm - 2:30pm	Afternoon Activities
2:30pm:	Packing up / Transitioning
3:00pm - 4:30pm	Departure for participants

- Lunches to be packed unless provided by SAFC as stated
- Swimmers to be packed on pool days/waterplay days
- Spare change of clothes to be packed for messy play days

#### Bookings:

[liam.gulotto@safc.org.au](mailto:liam.gulotto@safc.org.au) There are limited places available for some programs so please get in touch as soon as possible.

#### Time:

At the Activity Centre we offer hours between 9:00am - 3:00pm or 8:30am - 4:30pm

#### Payment:

You can elect to pay the activity fee via EFT or credit card. **Activity fees will be required to be paid prior to a confirmation of your booking;** an invoice will be sent out upon SAFC receiving your booking request will be generated along with your receipt. Please be aware that SAFC cannot deduct the activity fee from your NDIS package. Where possible activity fees will be credited if the participant cancels in advance (*we are unable to do this for specific events like Calmsley Farm Tickets*)

#### Location:

Mary's Place; 8 King Edward St per specification on booking confirmation

#### Medication:

All medication must be provided in a Webster Pack. Failure to do so will affect attendance on the day.

#### Allergies:

Please be mindful that we are a Nut Free Centre as some of our participants have allergies.